

Autumn / Winter 2024/2025 - Week One

Dates:

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt



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WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Tomato, Baked Bean & Spiral Pasta Bake 	Pork Sausage Roll with Jacket Wedges	Roast of the Day with Stuffing & Roast Potatoes Gravy	Pasta Bolognese & Garlic Bread 	Fish Fingers with Chips & Tomato Ketchup
Halal Option			Halal Roast of the Day Stuffing & Roast Potatoes & Gravy	Halal Pasta Bolognese & Garlic Bread 	Halal Chicken Goujons with Chips & Tomato Ketchup
Vegetarian Option	Cheese & Tomato Pizza with Tomato & Basil Pasta Salad	Cheese & Onion Pastry Roll with Jacket Wedges	Quorn Grill with Stuffing, Roast Potatoes & Gravy 	Cheese Flan with Jacket Wedges 	Quorn Burger in a Bun with Chips & Ketchup
Vegetable Selection & Daily Salad	Daily Selection of Vegetables Mixed Salad of Carrot, Cucumber, Lettuce, Tomatoes				
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Egg				
Baked Jacket Potatoes	Cheesy Beans, Tuna Mayonnaise, Cheese or Beans				
Dessert	Chocolate Mousse and Orange Smiles 	Homemade Jam Buns & Custard	Chocolate, Beetroot & Pear Brownie 	Tutti Frutti Jelly & Mandarin Segments	Vanilla & Cherry Cookie Cup & Custard
Yoghurt & Fresh Fruit	Natural Yoghurt & Fresh Fruit Daily	Natural Yoghurt & Fresh Fruit Daily	Natural Yoghurt & Fresh Fruit Daily	Natural Yoghurt & Fresh Fruit Daily	Natural Yoghurt & Fresh Fruit Daily

Portion(s) of fruit or veg

Source of wholegrain

Contains plant-based proteins

50% fruit

Oily fish

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.














Autumn / Winter 2024/2025 - Week Two

Dates:

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt



WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Cheese & Tomato Pizza with Tomato Pasta Salad 	Beef Cottage Pie	Roast of the Day with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Chicken Pasta Spirals 	Fish Fingers & Chips & Tomato Ketchup
Halal Main Meal		Halal Beef Cottage Pie 	Halal Roast of the Day with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Halal Chicken Pasta Spirals 	Halal Chicken Goujons, Chips & Tomato Ketchup 
Vegetarian Option	Potato, Spinach & Cheese Toasted Wrap with Tomato Salsa 	Vegetable Chilli & Rice 	Vegetable Tart with Roast Potatoes 	Vegetable Enchilada with Sunny Rice 	Baked Bean & Cheese Panini Served with Chips
Vegetable Selection & Daily Salad	Daily Selection of Vegetables Mixed Salad of Carrot, Cucumber, Lettuce, Tomatoes				
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Egg				
Baked Jacket Potatoes	Cheesy Beans, Tuna Mayonnaise, Cheese or Beans				
Dessert	Apple & Sultana Crumble Bar with Custard 	Iced Carrot Cake & Orange Slices 	Chocolate Shortbread with Chocolate Sauce	Toffee Cream Tart	Chocolate Oaty Slice
Yoghurt & Fresh Fruit	Natural Yoghurt & Fresh Fruit Daily	Natural Yoghurt & Fresh Fruit Daily	Natural Yoghurt & Fresh Fruit Daily	Natural Yoghurt & Fresh Fruit Daily	Natural Yoghurt & Fresh Fruit Daily

Portion(s) of fruit or veg 

Source of wholegrain 

Contains plant-based proteins 

50% fruit 

Oily fish 

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Autumn / Winter 2024/2025 - Week Three

Dates

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt



WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Cheesy Pasta Spirals with Pizza Style Topping	Lasagne with Garlic & Tomato Bread 	Roast of the Day with Gravy, Yorkshire Pudding & Roast Potatoes	Meat & Potato Pie with Mash or Skin on Potato Wedges	Fish Fingers & Chips & Ketchup
Halal Option		Halal Lasagne with Garlic & Tomato Bread 	Halal Roast & Gravy Stuffing and Roast Potatoes & Yorkshire Pudding	Halal Meat & Potato Pie with Mash or Skin on Potato	Halal Chicken Goujons Chips & Ketchup
Vegetarian Option	Beany Shepherds Pie	Vegetarian Lasagne With Garlic Bread 	Quorn Grill with Gravy, Stuffing & Roast Potatoes 	Cheese, Onion & Potato Pie with Mash or Skin on Potato	Cheese & Onion Pastry Roll , Chips & Ketchup
Vegetable Selection & Daily Salad	Daily Selection of Vegetables Mixed Salad of Carrot, Cucumber, Lettuce, Tomatoes				
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Egg				
Baked Jacket Potatoes	Cheesy Beans, Tuna Mayonnaise, Cheese or Beans				
Dessert	Lemon Cupcake with Fruit Slices 	Strawberry Mousse 	Chocolate Crunch Chocolate Sauce or Pink Custard	Chocolate Cookie, Orange Wedges	Lemon Drizzle Cake With Custard
Yoghurt & Fresh Fruit	Natural Yoghurt & Fresh Fruit Daily	Natural Yoghurt & Fresh Fruit Daily	Natural Yoghurt & Fresh Fruit Daily	Natural Yoghurt & Fresh Fruit Daily	Natural Yoghurt & Fresh Fruit Daily

Portion(s) of fruit or veg 

Source of wholegrain 

Contains plant-based proteins 

50% fruit 

Oily fish 

England's target for free sugar intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

